



2018 ANNUAL REPORT



\$16,000

Amount awarded in scholarships to the Class of 2018.

\$8,037

Amount distributed in the form of mini-grants in 2018.

357

Donations in 2018.

\$80,000

Amount we are hoping to raise in 2019.

138,632

Pounds of food distributed to district residents through the Friends Feeding Friends food pantries.

1934

Household visits to the Friends Feeding Friends food pantries.

\$6,416

Amount donated to Friends of Mascoma through the Coop's Pennies for Change program

4,300+

Volunteer hours in support of our programs and events.

Holly West, *President*

Kate Stewart, *Vice President*

Carol Cusick, *Treasurer*

Liz Murray, *Secretary*

Beth Felix, *Community Outreach*

Matt Dow, *Projects Facilitator*

Andrew Cushing, *Alumni Outreach*

Theresa Sabol, *Community Programs Coordinator*

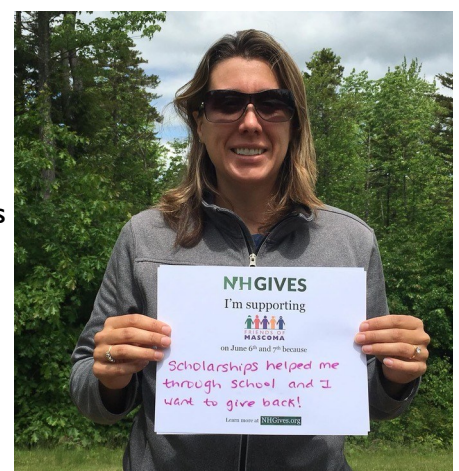
Program Updates: Scholarships

FOM awarded a record number of scholarships in 2018, we gave 15 scholarships to 14 amazing seniors and the scholarships totaled \$16,000! In total, FOM has been able to award \$37,000 in scholarships since our scholarship program launched in 2016. Class of 2018 scholarship recipients were:

- Roberta Hines and Jerry Liebrand Healthcare Scholarship in Memory of Sadie Seamans Awarded to Elizabeth Jones
- Roberta Hines and Jerry Liebrand Science Scholarship in Memory of Velma Hines Awarded to Sydney Thompson
- Roberta Hines and Jerry Liebrand Teaching Scholarship in Memory of Verne Hines Awarded to Emmaka Selby
- Carolyn A. Cusick Trust Teaching Scholarship Awarded to Emmaka Selby
- Malformity Labs Women in STEM Scholarship Awarded to Tori Sweet
- Malformity Labs STEM Scholarship Awarded to Olivia Salamy
- Calvin Hackeman Scholarship Awarded to Spencer Stebbins
- Friends of Mascoma Foundation Scholarship Awarded to Kayla Hammond
- Friends of Mascoma Foundation Scholarship Awarded to Bria Dow
- Friends of Mascoma Foundation Scholarship Awarded to Julia Fox
- Friends of Mascoma Foundation Scholarship Awarded to Owen Schneider
- Friends of Mascoma Foundation Scholarship Awarded to Jordan Peck
- Friends of Mascoma Foundation Scholarship Awarded to Megan Jette
- Friends of Mascoma Foundation Scholarship Awarded to Kerrigan Stone
- Friends of Mascoma Foundation Scholarship Awarded to Russell Holland

The success of our scholarship program is thanks to our NH Gives fundraising campaign, individuals, and businesses sponsoring scholarships. We are fundraising for our scholarship program during NH Gives again in 2019, which runs from 6 pm on June 11th to 6 pm on June 12th. NH Gives is a way to celebrate nonprofits in NH and is the primary way FOM raises money for our scholarship fund.

For more information on our scholarship program please visit: <http://friendsofmascoma.org/scholarship/>. Applications for are due April 1st each year.



Program Updates: Mini Grants

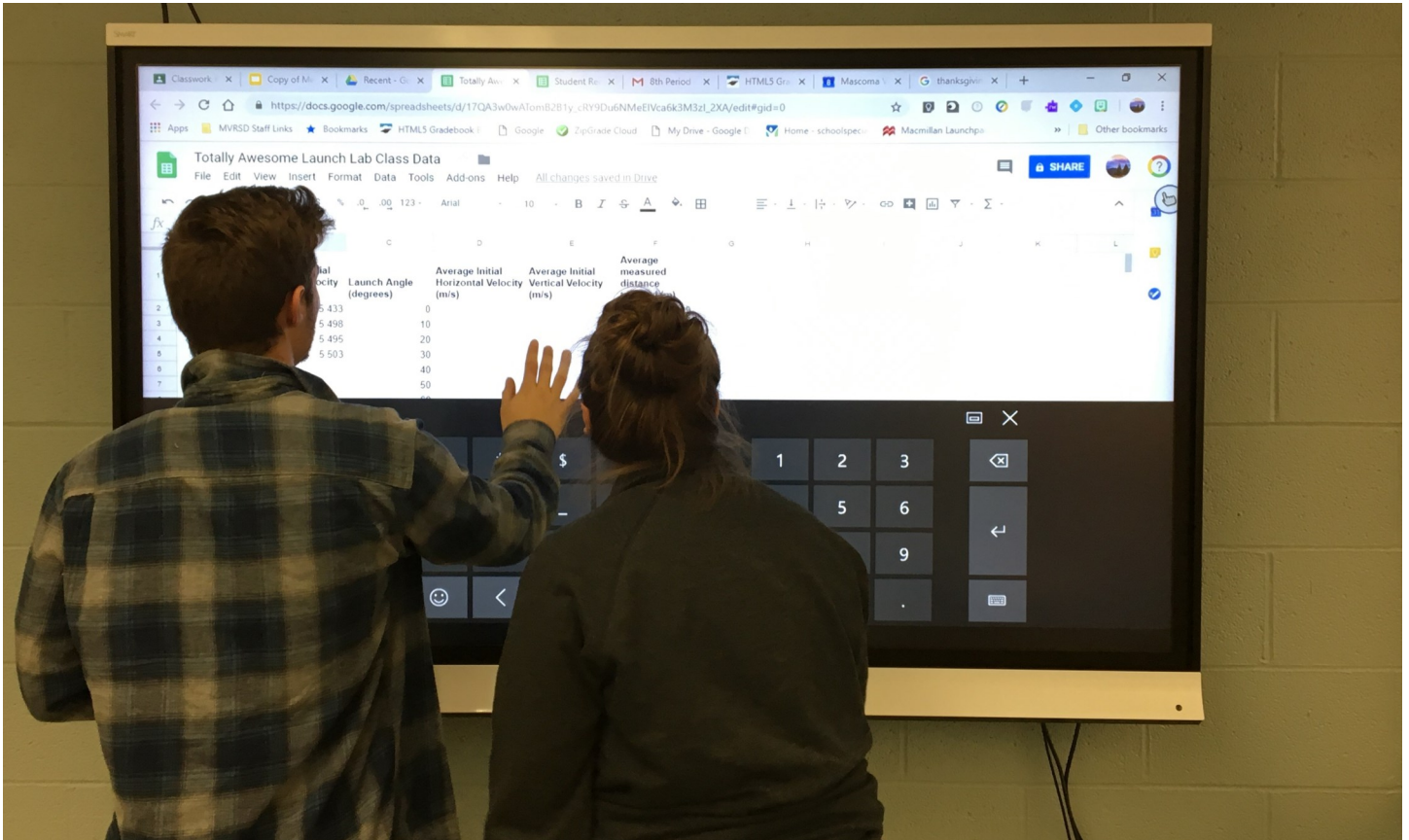


Photo of students doing TALL lab as part of the projectile motion project at MVRHS.

FOM is pleased to offer a mini-grant program that supports, encourages, and facilitates great teaching ideas that would not be possible within the existing school budget. During 2018, FOM awarded \$8,037.03 in mini-grants for a eight projects throughout the district. Mini-grant projects in 2018 included:

- Problem Solving at EVS
- Place-based Ecology Education Outdoor Classroom at IRS and MVRHS
- HOBO Data Logging at MVRHS
- Projectile Motion Project at MVRHS
- Keyboards for Chorus at CES and EVS
- Side Tables with Gary Wood at MVRHS
- NYC Fashion Trip at MVRHS
- Farm-to-School Project at CES

In total, FOM has awarded over \$20,000 in mini-grant funds.



Program Updates: Friends Feeding Friends

Friends Feeding Friends continued to grow in 2018 and we are grateful for the ongoing community support. During 2018 we celebrated our second anniversary and had 281 households who made 1,934 visits to our pantries. Friends Feeding Friends also brought 138,632 lbs of food into the district for distribution. Below are some highlights from our year.

Pantries

We have two public community food pantries serving Canaan, Dorchester, Enfield, Grafton and Orange. The Enfield pantry is in the Enfield town office and the Canaan pantry is in the MTD Building Contractors building (behind Canaan Hardware).

Both pantries are open once a week and staffed with two volunteers. The pantries provide a three day supply of food that includes meat, dairy, produce, breads, and non-perishables. We also have a variety of personal care and household items. Shoppers may come weekly and only need to show proof of residency on the first visit.

Volunteers

Perhaps the most important part of this program is our volunteers. Tuesday is our usual day for deliveries and there is never a week without help from volunteers within the community. Our pantry manager, Lana Evans and Carolyn Cusick, program manager, lead the charge unpacking and sorting orders and donations. We also have a prep crew, headed by Cara Drexler, Nancy Smith, Edie Bellion, Annette Hutchins, Dan Moore, George Lazarus, and John Boucher who show up most every delivery to sort perishables. This year our Chief Food Transporters are Dan Kiley, Sharon Kiley, Bob Cusick, Sherman Hallock, and Alan Ricard. The pantries are staffed each week by volunteers. Please consider being part of our team.

School Collaboration

Each school has a food representative that assists with the effort to increase food security and food access for all students. FOM strives to supply our four school buildings with snacks for students without the resources to bring snacks to school. We have a special designated snack room that school food representatives may access to get the snacks they



Our MVRHS food pantry intern, Kat McDermott, cuts the cake during our second anniversary and open house in February 2018.

need for their school. MVRHS has its own non-public pantry that also services the Indian River School. FOM is the chief supplier for this pantry and we try our best to supply healthy options including food for weekend backpacks. District employees shared feedback that having healthy snacks available helps students stay focused in class and we are happy to be of help!

Partners

FOM remains an agent of the New Hampshire Food Bank (NHFB), which allows us to stretch funds further. In 2018 we got 125,041 lbs from the NHFB at an average price of \$0.04/lb. Our partnership with the NHFB is the foundation of our Friends Feeding Friends program and the following partners help make the program even stronger:

Mascoma High School and **Indian River Helping Hands** worked with FOM to help fill 85 boxes of food for school families during school breaks. In 2018 we supplied 85 turkeys for the holidays, in addition to other food.

Mascoma Valley Firefighters organize a toy and food drive and distribution each December for school district families. In 2018 we were happy to help supply food for 100 boxes.

Price Chopper and **Shaw's** of West Lebanon are part of the NHFB's Fresh Rescue program, and we gratefully pick up food every week. This program enables us to provide high quality frozen meats to our shoppers.

Willing Hands provides fresh produce and breads to our pantries each week. In 2018 they donated 5,591 lbs of food to FOM.

Tri-County CAP provides commodities to our pantries. Volunteers travel to Plymouth to pick them up and bring them to the pantry for sorting and stocking. FOM received 8,000 lbs in 2018!

Cardigan Mountain School and FOM continued building our partnership in 2018. Most Sunday mornings, a staff member brings a group of volunteer students to help unpack and sort pantry items. The students held a Pennies War again in 2018 and raised \$1,786.79 for FOM!

Mascoma Valley Ecumenical Council provides Thanksgiving food boxes to community families. FOM was honored to provide 60 turkeys for the boxes in 2018. Thank you for donating leftover food to the pantries!

Upper Valley Humane Society (UVHS) started to send their mobile food pantry to our Canaan pantry site to distribute bags of dry dog and cat food. Both of our pantries keep a supply of pet food and the UVHS has a food pantry on their site in Enfield. They realize that transportation may be an issue with our Mascoma Valley pet owners and they are extending a helping hand.

Donations & Food Drives

Thanks to all of the generous monetary donations and food we received from anonymous individuals, businesses, churches, and civic groups. We welcome your partnerships to gather resources that could easily turn to waste. YOU are helping us redistribute these resources to our community to help make a stronger, healthier place to live. Here are some of the many organizations and individuals who held food drives in 2018 in support of Friends Feeding Friends:

- Bar Harbor Bank and Trust of Enfield
- Community Lutheran Church of Enfield
- Conifer Health Solutions
- Coralie Stewart
- DHMC Department of Rehabilitation, Heater Road
- Enfield-Mascoma Lioness
- Enfield Village Association
- Enfield Village School
- Jenny and Madison Lutz
- Jerusha Tano-Fett Howard
- Julie Miller
- Kaylee Felix
- KDR Fitness
- LaSalette Shrine of Enfield
- Mascoma Bank of Enfield
- Mascoma Cooperative Preschool
- Mascoma Valley Ecumenical Council
- Mascoma Valley First Responders
- MVRHS Student Council
- New Hampshire Tackles Hunger: WMUR & NH Food Bank
- Nutrition on the Green
- Owen Gilbert
- Realtors' December Luncheon
- South Danbury Christian Church
- Stuff the Bus (National Honor Society)
- Thrivent Member Network—Feed the Northeast Challenge
- Twin State Positivity Club
- Wynny and Cheyenne Grace

Canaan Food Pantry

Wednesdays: 2:30-6:30 PM

Enfield Food Pantry

Thursdays: 3:00- 5:30 PM

Want to volunteer? Email:
info@friendsofmascoma.org

Want more information? Visit: <http://friendsofmascoma.org/friends-feeding-friends/>

Take a Seat Campaign

There are still 305 seats waiting for a nameplate! Local businesses, alumni classes, individuals, families, and charitable organizations have bought seats.

If you are interested in supporting FOM, consider taking a seat! Costs range from \$100 to \$200 and all proceeds help FOM fund programs in our district, including promoting the arts. For more information, or to place an order please visit our website.



Coop's Pennies for Change

FOM was chosen by the Coop Food Stores as a community partner for their Pennies for Change program during July 2018. Customers of the Co-op Food Stores may choose to round up their order to the next full dollar amount; when customers round up local food access partners and community partners receive generous donations. We thank the many generous customers who rounded up and contributed to the \$6,416 that we received. That's a lot of change!

Eat Pizza to Raise Dough

Enfield House of Pizza a fundraiser for us on December 16th. Thank you to all of our great supporters who came out for food during the Patriots vs Steelers game! Congratulations to Connor Hemmerling who won our free raffle. The generous proceeds from 15% of patrons' receipts gave us \$200.

Warm Clothing Drive

On Saturday, October 20th we held our annual warm clothing giveaway at the Canaan fire station. Many volunteers helped gather, organize, and distribute warm clothing including volunteers from all four schools in our school district.

It was such a huge success and we helped nearly one hundred families acquire warm clothing. Thank you to all that donated, volunteered, and to Canaan Fire Department for letting us use their meeting room. Questions about the 2019 clothing drive can be directed to board member, Beth Felix.



Empty Bowls

Empty Bowls took place on December 14th at Canaan Elementary School during Christmas in Canaan and it was a huge success! The goal was to connect the arts with food and community to bring awareness and aid to fight hunger. Attendees received a clay bowl and hot food with a donation. Proceeds from the event went to FOM to fight hunger in the Mascoma district through our Friends Feeding Friends program.

This event raised \$1,408.75 and was sponsored by our MVRSD Art Teachers. Jason Jarvis led the coordination efforts and was joined by students, staff, and community members. We are grateful to Jason, Cynthia, Chris, and the many other participants and volunteers. We hope to be part of this event again in 2019!



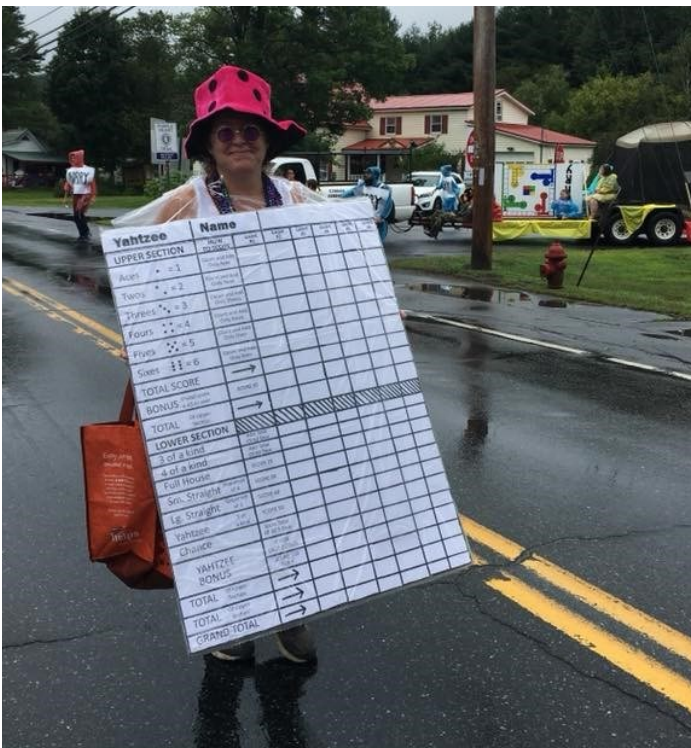
Art All Around: Tapestry Hanging

FOM is pleased to announce the Seasons of Growth tapestry was hung in 2018! This was the final milestone for an art project started in 2015. FOM purchased loom materials and fiber and Experiencing the Arts sponsored the artist-in-residence program with Enfield's Becky Powell. Students in Chris Morse's art classes collaborated with Becky and created artwork that inspired the tapestry design. The tapestry was woven by Becky with assistance from June Marshall. An online poll determined that its name would be *Seasons of Growth*, and its new home is in the MVRHS library.

FOM is proud to support art in the district. Interested in more public art in our district's schools? Let us know!



FOM Around the District



Volunteers

FOM would like to thank all of our volunteers that give their time throughout the year. Our volunteers help with everything from food pantries, clothing drives, event set up and clean up, parades, administrative tasks, and more. Throughout 2018 volunteers gave over 4300 hours of their time to help our organization thrive and grow. We could not do everything we do without volunteer support.

THANK YOU TO ALL WHO HAVE VOLUNTEERED!!

Donors

FOM would like to thank all of our donors that give throughout the year. Your support allows us to maintain and grow our three programs.

THANK YOU TO ALL WHO HAVE DONATED!!

In-Kind Donors

Anonymous donors that give pantry items

A Helping Paw Humane Society

Andrew Tucker

Annette & Gary Hutchins

Barbara Stanley

Bob and Carolyn Cusick

Café Services

Canaan Hardware

Carolyn Neville Freese

Chris & John Dow

Dan & Sharon Kiley

Dan Moore

Dollar General Canaan

Dorothy Braley

Edwards Family

Enfield Shaker Museum Children's garden

Grafton County Correctional Facility

Holly & Robert West

Justin & Dirk Andrew

Katie Stewart

Keith Quinton

Lana Evans

Matt & Bekki Dow

Movie Market

MTD Building Contractors

New Hampshire Food Bank

Northern Reach Consulting, LLC

Papa Z's (Jake's)

Price Choppers West Lebanon

Rebecca Powell

Scott & Colleen Johnston

Shaw's West Lebanon

Sue Hagerman

Thrivent Financial

Town of Enfield

Tri-County Community Action Program

Upper Valley Humane Society

Willing Hands



Donors (including Take a Seat donors)

Supporting Member (up to \$99)

Anonymous (23)
Amanda Isabelle
Amber Fecik Hackeman
Amy Stewart
Andrew Cushing
Ann Marie and Ronald Doody
April Guinness
Ashley Bingham
Beau Maville
Bettejane Marchetti
Bianca Lang
Bob & Debbie LaCroix
Bonnie Doran
Brandon DeWolfe
Brett Pare
Canaan Old Home Days
Committee
Candice Canton
Carole Cushman
Caroline & Carl Lovejoy
Cathy Bean
Chelsea Hammond
Christina Gibbs
Class of 1968
Colleen Tirpak
Coralie Stewart
Corinna Magalhaes
Daniel & Sharon Kiley
Danielle Thompson
Deborah Clark
Denise Asselin
Diana Croteau
Diane Langley
Dominic Albanese
Dustin Morris
Edith Bellion
Edwards Family
Elaine Eastman
Elizabeth Dennehy
Elizabeth Jones
Elizabeth Murray
Elizabeth Rizzo
Emily Tevere
Enfield House of Pizza
Erica Rancore

Erin Bennett
Finger Family
FUJIFILM DIMATIX
Gary Whitney
Gen Y Creative
Heather Hollenbeck
Henry Jackson
Holly Adams Cadwell
Hunter Morgan
Jamie Wood
JaneMarie Streeter
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Jennifer Moulton
Jennifer Seiler-Clough
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Jessica Grace
Joan Decato
Jo-Ellen Courtney
John & Chris Dow
John & Eileen Delouchrey
Jon Andrew
Judith Wilson
Julie Clemons
Karen Seamans
Kate Mullen
Kayla Hollis
Kenneth Severance-Camp
Kim Sainsbury
Kimberley Quirk
Kolton Sumner
Kylie Sumner
Richard & Carol Lammert
Lapan's Insurance Agency
Leo & Joyce Pidgeon
Lindsay Smith
Lisa Demarest
Lisa Isham
Lisa Rinella
Lisa Thompson
Lois Carr
Lynne Streeter
Maddison Mackenzie
Margaret & Joseph DePalo
Marian Ryan
Matthew McGinnis

Matthew Munsey
Megan O'Brien
Megan Waterman
Melissa Dombroski Talbert
Melissa Knapp
Melody Stauff
Michelle Monfette
Nicole St. James
Patty Williams
Randy Brooks
Richard & Julie Martin
Robert, Holly, Anson, & Annelisa
West
Robin Naida
Ron Garvin
Samuel Provenza
Sandra Reed
Sharlee Bingham
Sharon Lemaster
Sharon Sabol
Silas St. James
Stanford Family
Stefanie Slakey
Sugar River Bank
Susan Huntoon
Susan Tvaroha
Sylvia Dow
Terri Crate
Theresa Sabol
Tom Carr
Tonia Murray
Twin State Positivity Club
Wayne and Carolann Morrison

Friends (\$100-499)

Anonymous (9)
Aaron O'Leary
Abbie Andrew
Amazon Smile
Benjamin Gardner
Beth Hutchins
C. Harrison and Margaret Trumbull
Carol Smith
Cathy & David Pelton
Charles DePuy and Mary Ann
Hagen

Claudette & Richard Peck
Cynthia Collea
Dan Regan
Debra Ford
Douglas & Shaina Plumley
Dow Family
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Elizabeth & William Trought
Ellis Corporation
Emily & Bill Henry
Graham Colditz
Greg & Alison Paglia
Howard & Mariann Shaffer
Joanna Anderson
John & Katherine Gagnon
John Mehler
Judith Golden
Katherine & Aj Stewart
Kathleen Tevere
Kim & Stephen Gorney
Lindsay & Daniel Perricone
Lloyd & Ellen Hackeman
Louise & Steve Parker
Lynne & Jim Martel
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Marijo Gorney
Massecar & Russell Family
Melissa Sumner
Mike O'Hara
Nancy Smith
Patricia Paradis
Paul & June Marshall
Raymond Miner
Robert A. West Sr.
Roy Holland
Sarah Copps
Scott & Katie Kobylenski
Shaker Hill Bed & Breakfast
Shirley & Glyn Green
Spring Ledge Farm
Steve & Jane Plumley
Upper Valley Line-X & Dyers
Welding
Wallace & Carol Andrew
William & Nan Stone
Zebulon Bogdanich

Benefactors (\$500-999)
Angus Durocher

Candy DeBartolo
Debra Cronenwett
Gary & Annette Hutchins
Hannaford's
Indian River Helping Hands
Jonathan & Julie Weiss
Kaylee & Beth Felix
Shepard Stone
Stephen Lary
Thrivent Financial

Visionaries (\$1,000-2,499)
Anonymous (1)
Cardigan Mountain School
Community Lutheran Church
Enfield Firefighters Association
Enfield-Mascoma Lions Club
John & Eileen Esler
Keith Quinton
MVRSD Art Department
NH Center for Nonprofits
Robert & Audrey MacLean
Robert & Jennifer St. James

Patron (\$2,500-\$4,999)
Roberta Hines & Jerry Liebrand
Shelburne Farms

Royal Society (\$5,000+)
C. Robert & Carolyn Cusick
Coop Food Stores
Network for Good*

Honorarium and Memorial Donations

Memory

Donations were made in memory of the following individuals in 2018:

Alice Gaskin
Dorothy Aguirre
Emery Grace Lessard
Frederick Paradis
Glenn Smith
Mary Baker
Philip Cronenwett

Honor

Donations were made in honor of the following individuals in 2018:

C. Robert Cusick
Carolyn A. Cusick

*Thank you to everyone who donated through Facebook (Network for Good), your generous donations on Facebook totaled \$5,697.97. Sometimes social media is a good thing!

Friends of Mascoma Foundation apologizes for any errors or omissions in our donor list. To submit corrections please email info@friendsofmascoma.org

DONATE TODAY!



FRIENDS OF
MASCOMA

9 On The Common
Canaan, NH 03741

*Check out all our
progress in 2018!*

